



Dear Friends,

The journey of grief can bring an array of feelings, and at times, leaves us feeling isolated, and uncertain if others can relate or understand. Support groups can provide a safe space to share feelings and experiences and to learn strategies for the journey.

We invite you to join us for our Fall 2023 Grief Support Groups. Groups meet for twelve (12) weeks, and are facilitated by teams of trained grief counselors and peer support volunteers. The groups are specific to the relationship of your loss. Please see the reverse side of this letter for a listing of the various groups, days and times that we have to offer.

We welcome you to call with any questions that you might have. **Advance registration is required, and space is limited. Please contact us by phone to register (559) 248-8579 and we will email or mail the necessary paper work to finalize registration.** The fee is \$25.00 per person or \$40 per couple, which covers the 12 week session. *A limited number of scholarships are available, and some programs are offered at no charge thanks to generous community support.*

Because of space limitations and confidentiality, we regret that we cannot allow guests of participants to attend.

We look forward to welcoming you to our Grief Support Group Program and hope that you find it supportive during this difficult time.

We need not walk alone....
We reach out to each other with love and
Understanding and with hope....
We come together from all walks of life,
From many different circumstances....
We need not walk alone.

~Credo of The Compassionate Friends

In Care and Support,

Candice V. Wilkins, MSW, LCSW
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Hinds Hospice

Grief Support Groups, Fall 2023

The following groups will meet weekly for 12 weeks
beginning Tuesday, October 10, or Thursday, October 12.

There will be no meetings on Nov. 21-23; Dec. 26-28; and Jan. 2-4.

Circle of Friends

Grief support group for children ages 3-12

Tuesdays, 6:30-7:30 p.m.

Thursdays, 6:30-7:30 p.m.

Teen Group

Ongoing grief support for children ages 13-17

This is an open group; pre-registration is not required. Meetings are ongoing, not limited to 12 weeks. Call (559) 248-8579 for dates and times.

Adults: Loss of Partner/Spouse

Wednesdays, 11:30 a.m.-12:30 p.m.

Tuesdays, 6:30-7:30 p.m.

Adults: Loss of Parent/Sibling

Tuesdays, 6:30-7:30 p.m.

Adults: Loss of Child

Tuesdays, 6:30-7:30 p.m.

Angel Babies

Parents who have lost a baby in pregnancy or in infancy

Tuesdays, 6:30-7:30 p.m.

Adults: Survivors of Suicide Loss

Thursdays, 6:30-7:30 p.m.

All groups meet at:

Hinds Hospice Patient & Family Services Center

2490 W. Shaw Ave. • Fresno, CA 93711 • (559) 248-8579

We thank the following for their generous support of the grieving families we serve:

- Aaron Judge ALL RISE Foundation
- Red & Nancy Arnold Foundation
- The Bertha & John Garabedian Charitable Foundation
- The Martha J. Waller Trust
- Theodore John Stratigos Philanthropic Fund
- Walmart Foundation
- Mark Otta
- RBC Foundation

