



Grief Support Groups

Spring 2025



The following groups weekly for 12 weeks beginning the week of February 3.
(No groups will be held the week of April 14.)

Advanced registration for the following support groups is required.

Circle of Friends (ages 3-12)

Tuesdays or Thursdays
6:30-7:30 PM

Teen Group (ages 13-17)

Tuesdays, 6:30-7:30 PM

Loss of Partner/Spouse

Tuesdays, 10:00-11:00 AM
Thursdays, 6:30-7:30 PM

Healing After a Loss by Overdose

(HALO): Parents who have lost a child due to a drug related death
Tuesdays, 6:30-7:30 PM

Loss of Child

Tuesdays, 6:30-7:30 PM

Angel Babies: Parents who lost a baby in pregnancy or in infancy

Tuesdays, 6:30-7:30 PM

Loss of Parent/Sibling

Tuesdays or Thursdays
6:30-7:30 PM

Survivors of Suicide Loss (Adults)

Thursdays, 6:30-7:30 PM

The Center for Grief & Healing offers the following drop-in grief support groups with no fee or prior registration required:

Pregnancy After Loss Support Group

2nd & 4th Monday each month, 4:00-5:00PM

Healing After a Loss by Overdose (HALO) Peer/Clinician Led

2nd Thursday of the month 6:30-8:00 PM

Survivors of Suicide Loss Peer/Clinician Led

2nd & 4th Thursdays each month, 6:30-8:00 PM

If you have questions or need more information please call **(559) 248-8579**

We thank the following for their generous support of the grieving families we serve!

- ◆ The Martha J. Waller Trust
- ◆ Walmart Foundation
- ◆ Theodore John Stratigos Philanthropic Fund
- ◆ Inspire Health
- ◆ Sante' Health System, Inc.
- ◆ 2024 Hinds Hospice Gala Donors & Sponsors



Dear Friends,

The journey of grief can bring an array of feelings, and at times, leaves us feeling isolated, and uncertain if others can relate or understand. Support groups can provide a safe space to share feelings and experiences, and to learn strategies as you navigate your grief journey.

We invite you to join us for our Spring 2025 session of grief support groups. Groups meet for twelve (12) weeks. Our groups are facilitated by trained grief counselors and peer support volunteers. We offer several groups. Please see the reverse side of this letter for information on various groups, days, and times that we have to offer.

We welcome you to call with any questions that you might have. **Advance registration is required, and space is limited. Please contact us by phone to register (559) 248-8579 and we will email or mail the necessary paperwork to finalize registration.** The fee is \$40.00 per person or \$60 per couple, which covers the 12 week session. *A limited number of scholarships are available, and some programs are offered at no charge thanks to generous community support.*

If a group becomes too small, it may be postponed until our summer session. Because of space limitations and confidentiality, we regret that we cannot allow guests of participants to attend.

We look forward to welcoming you to our grief support group program and hope that you find it supportive during this difficult time.

We need not walk alone....
We reach out to each other with love and
Understanding and with hope....
We come together from all walks of life,
From many different circumstances....
We need not walk alone.

~Credo of The Compassionate Friends

In Care and Support,

Candice V. Wilkins, MSW, LCSW

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