



Dear Friends,

The journey of grief can bring an array of feelings, and at times, leaves us feeling isolated, and uncertain if others can relate or understand. Support groups can provide a safe space to share feelings and experiences and to learn strategies for the journey.

We invite you to join us for our Summer 2024 Grief Support Groups. Groups meet for twelve (12) weeks, and are facilitated by teams of trained grief counselors and peer support volunteers. The groups are specific to the relationship of your loss. Please see the reverse side of this letter for a listing of the various groups, days and times that we have to offer.

We welcome you to call with any questions that you might have. **Advance registration is required, and space is limited. Please contact us by phone to register (559) 248-8579 and we will email or mail the necessary paper work to finalize registration.** The fee is \$25.00 per person or \$40 per couple, which covers the 12 week session. *A limited number of scholarships are available, and some programs are offered at no charge thanks to generous community support.*

Because of space limitations and confidentiality, we regret that we cannot allow guests of participants to attend.

We look forward to welcoming you to our Grief Support Group Program and hope that you find it supportive during this difficult time.

We need not walk alone....  
We reach out to each other with love and  
Understanding and with hope....  
We come together from all walks of life,  
From many different circumstances....  
We need not walk alone.

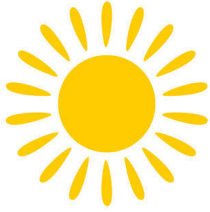
*~Credo of The Compassionate Friends*

In Care and Support,

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## Grief Support Groups, Summer 2024



The following groups will meet weekly for  
12 weeks, beginning the week of June 10.  
(Group will not meet the week of July 4)

**Advanced registration for these support groups is required**

### Circle of Friends

**Grief support group for children ages 3-12**

Tuesdays, 6:30-7:30 p.m.

Thursdays, 6:30-7:30 p.m.

### Teen Group:

**Grief support for children ages 13-17**

Tuesdays, 6:30-7:30 p.m.

### Loss of Partner/Spouse

Tuesdays, 6:30-7:30 p.m.

Wednesdays, 10:00-11:00 a.m.

### Loss of Parent /Sibling

Tuesdays, 6:30-7:30 p.m.

Thursdays, 6:30-7:30 p.m.

### Loss of Child

Tuesdays, 6:30-7:30 p.m.

### Angel Babies:

**Parents who have lost a baby  
in pregnancy or in infancy**

Tuesdays, 6:30-7:30 p.m.

### Survivors of Suicide Loss

Thursdays, 6:30-7:30 p.m.

### Healing After a Loss by Overdose

**(HALO): Parents who have lost their  
child due to drug overdose**

Tuesdays, 6:30-7:30 p.m.

**The Center for Grief & Healing offers the following drop-in grief support groups:**

### Peer/Clinician Led Survivors of Suicide Loss Support Group

2nd & 4th Thursdays of the month

6:30-8:00 p.m.

### Peer/Clinician Healing After a Loss by Overdose Support Group (HALO)

2nd Thursday of the month

6:30-8:00 p.m.

If you have questions or need more information please call **(559) 248-8579**

All groups will meet at:

Hinds Hospice Patient & Family Services Center

2490 W. Shaw Ave., Fresno, CA 93711

*We thank the following for their generous support of the grieving families we serve!*

- ❖ The Martha J. Waller Trust
- ❖ Walmart Foundation
- ❖ Theodore John Stratigos Philanthropic Fund
- ❖ Central California Faculty Medical Group
- ❖ Sante' Health System, Inc
- ❖ 2023 Hinds Hospice Gala Donors & Sponsors