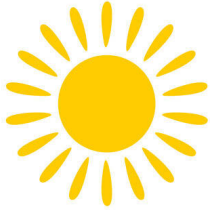




Grief Support Groups, Summer 2024



The following groups will meet weekly for
12 weeks, beginning the week of June 10.
(Group will not meet the week of July 4)

Advanced registration for these support groups is required

Circle of Friends

Grief support group for children ages 3-12

Tuesdays, 6:30-7:30 p.m.

Thursdays, 6:30-7:30 p.m.

Teen Group:

Grief support for children ages 13-17

Tuesdays, 6:30-7:30 p.m.

Loss of Partner/Spouse

Tuesdays, 6:30-7:30 p.m.

Wednesdays, 10:00-11:00 a.m.

Loss of Parent /Sibling

Tuesdays, 6:30-7:30 p.m.

Thursdays, 6:30-7:30 p.m.

Loss of Child

Tuesdays, 6:30-7:30 p.m.

Angel Babies:

**Parents who have lost a baby
in pregnancy or in infancy**

Tuesdays, 6:30-7:30 p.m.

Survivors of Suicide Loss

Thursdays, 6:30-7:30 p.m.

Healing After a Loss by Overdose

**(HALO): Parents who have lost their
child due to drug overdose**

Tuesdays, 6:30-7:30 p.m.

The Center for Grief & Healing offers the following drop-in grief support groups:

Peer/Clinician Led Survivors of Suicide Loss Support Group

2nd & 4th Thursdays of the month

6:30-8:00 p.m.

Peer/Clinician Healing After a Loss by Overdose Support Group (HALO)

2nd Thursday of the month

6:30-8:00 p.m.

If you have questions or need more information please call **(559) 248-8579**

All groups will meet at:

Hinds Hospice Patient & Family Services Center

2490 W. Shaw Ave., Fresno, CA 93711

We thank the following for their generous support of the grieving families we serve!

- ❖ The Martha J. Waller Trust
- ❖ Walmart Foundation
- ❖ Theodore John Stratigos Philanthropic Fund
- ❖ Central California Faculty Medical Group
- ❖ Sante' Health System, Inc
- ❖ 2023 Hinds Hospice Gala Donors & Sponsors



Healing After a Loss by Overdose

A Hinds Hospice grief support program

12-week HALO Support Group begins Tuesday, June 11, 2024

HALO (Healing after a loss by overdose), is a support program offered by the Center for Grief and Healing at Hinds Hospice. We know that losing a loved one to a drug-related death impacts a family deeply and the feelings of isolation that grievers can experience.

The HALO program is currently offering a parent-specific support group on Tuesday evenings. Our goal is to create a safe and supportive environment where parents can experience their grief and connect with other parents who have experienced a similar loss. We also have grief support groups for children and teens. There is no cost to attend.

Closed HALO Group (for parents only), space is limited and advanced registration is required.

The next session will begin Tuesday, June 11, and will be held Tuesday night for 12 weeks from 6:30—7:30 p.m.

Open HALO Group, no advanced registration needed.

Drop-in sessions are open to anyone impacted by a drug overdose loss and will be available one time a month on the 2nd Thursday of the month from 6:30—8 p.m.

**Both closed and open sessions will be held at the
Hinds Hospice Patient and Family Services Center
2490 W. Shaw Ave., Fresno, CA 93711**

To learn more about this specialized grief support group,
or support groups for children and teens,
please call Kathy Cromwell at (559) 248-8579,
or email centerforgriefandhealing@hindshospice.org



Hinds Hospice is a nonprofit agency serving the Central Valley since 1981.
Learn more at www.hindshospice.org



Dear Friends,

The journey of grief can bring an array of feelings, and at times, leaves us feeling isolated, and uncertain if others can relate or understand. Support groups can provide a safe space to share feelings and experiences and to learn strategies for the journey.

We invite you to join us for our Summer 2024 Grief Support Groups. Groups meet for twelve (12) weeks, and are facilitated by teams of trained grief counselors and peer support volunteers. The groups are specific to the relationship of your loss. Please see the reverse side of this letter for a listing of the various groups, days and times that we have to offer.

We welcome you to call with any questions that you might have. **Advance registration is required, and space is limited. Please contact us by phone to register (559) 248-8579 and we will email or mail the necessary paper work to finalize registration.** The fee is \$25.00 per person or \$40 per couple, which covers the 12 week session. *A limited number of scholarships are available, and some programs are offered at no charge thanks to generous community support.*

Because of space limitations and confidentiality, we regret that we cannot allow guests of participants to attend.

We look forward to welcoming you to our Grief Support Group Program and hope that you find it supportive during this difficult time.

We need not walk alone....
We reach out to each other with love and
Understanding and with hope....
We come together from all walks of life,
From many different circumstances....
We need not walk alone.

~Credo of The Compassionate Friends

In Care and Support,

Candice V. Wilkins, MSW, LCSW
Manager, Center for Grief & Healing and Social Work
2490 W Shaw Ave. / Fresno, CA 93711
(559) 248-8579 / cwilkins@hindshospice.org