



Dear Friends,

The journey of grief can bring an array of feelings, and at times, leaves us feeling isolated, uncertain if others can relate or understand. Support groups can provide a safe space to share feelings and experiences and to learn strategies for the journey.

We invite you to join us for our Fall session of Grief Support Groups that begin Tuesday, October 4, 2022. Groups meet for twelve (12) weeks. Our groups are facilitated by trained grief counselors and are specific to the relationship of your loss. Please see the reverse side of this letter to see the different groups that we have to offer.

***As of the mailing of this flier we plan to meet in person for support group. However, due to COVID-19, public meeting guidelines at any time in the future could prohibit meeting in person. We encourage you to call for updates, and thank you for your continued flexibility during this time. (If needed, Zoom virtual meeting information will be provided by facilitators upon registration.)***

We welcome you to call with any questions that you might have. **Advance registration is required, and space is limited. Please contact us by phone to register (559) 248-8579 and we will email or mail the necessary paper work to finalize registration.** The fee is \$25.00 per person or \$40 per couple, which covers the 12 week session. *A limited number of scholarships are available, and some programs are offered at no charge thanks to generous community support.*

*Because of space limitations and confidentiality, we regret that we cannot allow guests of participants to attend.*

We look forward to welcoming you to our Grief Support Group Program and hope that you find it supportive during this difficult time.

*We need not walk alone....  
We reach out to each other with love and  
Understanding and with hope....  
We come together from all walks of life,  
From many different circumstances....  
We need not walk alone.  
~Credo of The Compassionate Friends*

In Sympathy and Support,



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## Hinds Hospice Grief Support Groups Fall 2022

The following support groups will meet weekly and will begin Tuesday, October 4, 2022 & Thursday, October 6, 2022

**Advance registration is required.  
Please contact us by phone to register (559) 248-8579**

Hinds Hospice Patient Services in Fresno: 2490 W Shaw Ave., Fresno (between Van Ness & Shaw Lane)

### Tuesday evenings 6:30-7:30pm, 12 weeks

October 4, 2022-January 10, 2023 (No meetings Nov. 22, Dec. 20, Dec. 27)

- ◆ Circle of Friends (Children 3 to 12 years of age) \*\*Family night Jan. 17.
- ◆ Adults — Loss of Parent or Sibling
- ◆ Adults — Loss of Partner / Spouse
- ◆ Parents — Loss of Child (of any age)
- ◆ Parents — Angel Babies (Pregnancy / Infant Loss) \*\*Both parents are welcome to attend.

Hinds Hospice Patient Services in Fresno: 2490 W Shaw Ave., Fresno (between Van Ness & Shaw Lane)

### Tuesday mornings 11:30am-12:30pm, 12 weeks

October 4, 2022-January 10, 2023 (No meetings Nov. 22, Dec. 20, Dec. 27)

- ◆ Loss of Partner / Spouse

Hinds Hospice Patient Services in Fresno: 2490 W Shaw Ave., Fresno (between Van Ness & Shaw Lane)

### Monday evenings 5:00-6:00pm, Ongoing

Please call for updated information regarding this support group or to register your teen.(559) 248-8579.

- ◆ Teens (ages 13-17)

Hinds Hospice Patient Services in Fresno: 2490 W Shaw Ave., Fresno (between Van Ness & Shaw Lane)

### Thursday evenings, 6:30-7:30pm, 12 weeks

October 6, 2022-January 12, 2023 (No meetings Nov. 24, Dec. 22, Dec. 29)

- ◆ Survivors of Suicide Loss (Adults)
- ◆ Circle of Friends (Children 3 to 12 years of age) \*\*Family night Jan. 19.



*We thank the following for their generous support of the families we serve:*

- ◆ Aaron Judge All Rise Foundation
- ◆ Red & Nancy Arnold Foundation
- ◆ The Bertha & John Garabedian Charitable Foundation
  - ◆ The Martha J. Waller Trust
- ◆ Theodore John Stratigos Philanthropic Fund
  - ◆ Valley Children’s Healthcare
  - ◆ Walmart Foundation