



Dear Friends,

The journey of grief can bring an array of feelings, and at times, leaves us feeling isolated, uncertain if others can relate or understand. Support groups can provide a safe space to share feelings and experiences and learn strategies for the journey.

We invite you to join us for our Spring 2022 session of Grief Support Groups that begin Tuesday, February 8, 2022. Groups meet for twelve (12) weeks. Our groups are facilitated by trained grief counselors and are specific to the relationship of your loss. Please see the reverse side of this letter to see the different groups that we have to offer.

Due to COVID-19 public meeting guidelines we may meet in person for support group, or meet via Zoom video conferencing, or transition from one to the other at any time during the scheduled sessions. We encourage you to call for updates, and thank you for your continued flexibility during this time. (If needed, Zoom virtual meeting information will be provided by facilitators upon registration.)

We welcome you to call with any questions that you might have. **Advance registration is required, and space is limited. Please contact us by phone to register (559) 248-8579 and we will email or mail the necessary paper work to finalize registration.** The fee is \$25.00 per person or \$40 per couple, which covers the 12 week session. *A limited number of scholarships are available, and some programs are offered at no charge thanks to generous community support.*

Because of space limitations and confidentiality, we regret that we cannot allow guests of participants to attend.

We look forward to welcoming you to our Grief Support Group Program and hope that you find it supportive during this difficult time.

*We need not walk alone....
We reach out to each other with love and
Understanding and with hope....
We come together from all walks of life,
From many different circumstances....
We need not walk alone.
~Credo of The Compassionate Friends*

In Sympathy and Support,

Candice Wilkins

Candice V. Wilkins, MSW, ASW
Manager, Center for Grief & Healing
2490 W Shaw Ave.
Fresno, CA 93711
(559) 248-8579
cwilkins@hindshospice.org



Hinds Hospice Grief Support Groups Spring 2022

The following support groups will meet weekly and will begin Tuesday, February 8, 2022

**Advance registration is required.
Please contact us by phone to register (559) 248-8579**

Hinds Hospice Patient Services in Fresno: 2490 W Shaw Ave., Fresno (between Van Ness & Shaw Lane)

Tuesday evenings 6:30-7:30pm, 12 weeks

February 8, 2022-May 3, 2022 (No meeting on April 12, due to Spring Break)

- ◆ Circle of Friends (Children 3 to 12 years of age)
- ◆ Adults — Loss of Parent or Sibling
- ◆ Adults — Loss of Partner / Spouse
- ◆ Parents — Loss of Child (of any age)
- ◆ Parents — Angel Babies (Pregnancy / Infant Loss) ****Both parents are welcome to attend.**

Hinds Hospice Patient Services in Fresno: 2490 W Shaw Ave., Fresno (between Van Ness & Shaw Lane)

Tuesday mornings 11:30am-12:30pm, 12 weeks

February 8, 2022-May 3, 2022 (No meeting on April 12, due to Spring Break)

- ◆ Loss of Partner / Spouse

Hinds Hospice Patient Services in Fresno: 2490 W Shaw Ave., Fresno (between Van Ness & Shaw Lane)

Monday afternoons 4:00-5:00pm, Ongoing

Please call for updated information regarding this support group (559) 248-8579.

- ◆ Teens (ages 13-17)

Hinds Hospice Patient Services in Fresno: 2490 W Shaw Ave., Fresno (between Van Ness & Shaw Lane)

Thursday evenings, 6:30-7:30pm, 12 weeks

February 10, 2022-May 5, 2022 (No meeting on April 14, due to Spring Break)

- ◆ Survivors of Suicide Loss

We thank the following for their generous support of the families we serve:

***Loss of Child Support Group is supported by:**

- ◆ - Smittcamp Family Foundation
- ◆ - Valley Children's Healthcare

***Loss of Spouse/Partner & Senior Loss of Partner/Spouse funded by:**

- ◆ - Smittcamp Family Foundation
- ◆ - Charles G Summers, in loving memory of his wife, Beverly

***Circle of Friends Support Group is supported by:**

- ◆ Red & Nancy Arnold Foundation (Madera & Merced)
- ◆ The Bertha & John Garabedian Charitable Foundation
- ◆ Kaiser Permanente Northern California Community Benefit Programs
- ◆ Smittcamp Family Foundation
- ◆ Valley Children's Healthcare
- ◆ The Martha J. Waller Trust

