



**Hinds Hospice Center for Grief and Healing Presents:**

# **Hope for the Holidays**

*A workshop for those experiencing the holidays  
after the death of a loved one.*

The holidays can bring an array of feelings for those grieving the loss of a loved one. This workshop will provide an opportunity to learn about the unique challenges of grieving in the "season of joy."

You will be provided with strategies for coping through rituals, self-care, and suggestions for receiving support during this often emotion-filled time. There is no fee to attend.

## **PRESENTERS:**

**Larry Patten and Candice Wilkins**  
Bereavement Support Specialists

**WHEN: Monday, November 5, 2018**

**TIME: 6:30-8:00 p.m.**

**WHERE: Northpark Community Church**  
2297 E. Shepherd Avenue, Fresno  
(Between Maple & Chestnut)

**Please call (559) 248-8579 to register.**



Hinds Hospice complies with applicable Federal civil rights and does not discriminate on the basis of race, color, national origin, age, disability, or sex.