

# *Caring for the Caregiver Support Group*



*Presented to you by the Hinds Hospice Center for Grief & Healing*

This support group is an effort to support those who are caregivers for loved ones with a chronic or life-limiting illness. Support groups can provide an opportunity to share stories, encourage others, gain knowledge and resources; to be encouraged, and to have our feelings supported by the facilitator and group members.

**When:** The 4<sup>th</sup> Wednesday of each month

**Time:** 1:00 to 2:30 pm\*

**Where:** Hinds Hospice Patient & Family Services Center  
2490 W Shaw Suite 101, Fresno, CA 93711  
(West Shaw Ave. between Van Ness and Shaw Lane)

**FEE :** No charge

*Please call (559) 248-8579 to RSVP or for more information.*

We look forward to welcoming you to our group and hope that you find it supportive.



*Community Members are welcome!*

**2018 Caregiver's Support Group Meeting Dates**  
**(Meetings are the 4<sup>th</sup> Wednesdays of each Month◆◆)**

**1:00 to 2:30 pm \* \***

**\*\*Please arrive early if this will be your first attendance.**

**January 24**  
**February 28**  
**March 28**  
**April 25**  
**May 23**  
**June 27**  
**July 25**  
**August 22**  
**September 26**  
**October 24**  
**November 21◆◆**

**◆◆Due to the Thanksgiving Holiday the November meeting will be on the 3<sup>rd</sup> Thursday.**

*There will be no meeting in December.*

**Hinds Hospice Center for Grief and Healing**  
**(559) 248-8579**  
**2490 W. Shaw Avenue, Ste. 205 (2<sup>nd</sup> Floor)**  
**Fresno, California 93711**  
**(On West Shaw between Van Ness and Shaw Lane)**

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*Hinds Hospice*  
*Center for Grief & Healing*

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